



Department of Rehabilitation & Health Services

College of Health and Public Service

University of North Texas

Denton, Texas

Undergraduate Student Handbook

Bachelor of Science Degree

Rehabilitation Studies

Revised: August 2021

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**DEPARTMENT OF REHABILITATION & HEALTH SERVICES
BACHELOR OF SCIENCE IN REHABILITATION STUDIES**

Welcome

Welcome to the undergraduate program in Rehabilitation Studies. Rehabilitation is a growing human services field that links advances in health care, technology, and human behavior in order to enrich and empower the lives of people with disabilities. The rehabilitation professional should have an interest in people and the desire to contribute to the well-being of others.

The undergraduate program in Rehabilitation Studies has been designed to build on this basic interest in human services by providing the knowledge and skills necessary to effectively help others. Both practical and classroom learning are emphasized in the Rehabilitation Studies degree. Upon completion of the program, students should have both the competence and the confidence to put their interests into action.

The Bachelor of Science (B.S.) Degree in Rehabilitation Studies is specifically designed for persons who are interested in a career working with other people. The undergraduate program has three purposes:

1. To prepare students for entry-level positions within rehabilitation and allied helping professions.
2. To serve as a foundation for graduate study in rehabilitation counseling and allied human service fields.
3. To meet the personnel needs of programs serving people with disabilities.

Legend of the Phoenix

To rise like a phoenix, from the ashes...

The richness of life overflows, not from the absence of difficulties, but from the presence of challenges to be met and overcome. The phoenix is a potent symbol of this reality. This mythical bird rose powerfully from its own ashes with renewed vigor and purpose.

The symbol of the phoenix is doubly fitting for our department because it represents triumph over difficulty and the realization that transcendence comes from within. Our graduates are not creators of growth, but facilitators in unleashing the potential that exists within everyone and within every social environment. By cultivating and supporting the inherent strength of individuals and their families, of society and its communities, we can make room for the phoenix to fly.

It flies on its own.

Bachelor of Science in Rehabilitation Studies

Vision

The vision of UNT's undergraduate rehabilitation studies program is to effectively prepare students to provide quality services, thereby enhancing the lives of individuals with disabilities.

Mission

The mission of the undergraduate Rehabilitation Studies program is to prepare professionals to support individuals with disabilities in achieving their life goals through actualizing each person's full human potential. Our goal is to prepare students to perform specialized roles in service coordination, service provision, and consumer advocacy.

Objectives of the program

The objectives of the rehabilitation studies program are:

- To provide a comprehensive curriculum that prepares students for a career in rehabilitation;
- To provide high-quality services to individuals with disabilities;
- To strengthen values, skills, and knowledge of students that result in a genuine commitment to human rights, professionalism, personal integrity, and ethical practice; and
- To nurture an approach to professional practice and rehabilitation research that is characterized by inquiry, critical thinking, flexibility, and self-confidence.

The Rehabilitation Studies program prepares professionals to support individuals with disabilities in achieving their life's goals through actualizing each person's full human potential. Due to the broad focus of this program, individuals may pursue careers within various public and private human service settings. Graduates of our program may choose from a wide variety of specializations enabling them to succeed in many different roles including consumer advocacy as well as service delivery and coordination.

The Department of Rehabilitation & Health Services provides an in-depth and well-rounded program. We combine a comprehensive classroom curriculum with extensive practical experience in community placements. The low student/faculty ratio in required classes allows you to receive individual attention from instructors. You'll learn from faculty members who have years of experience in diverse human service delivery settings and who are available for individual academic advising.

Philosophy

Rehabilitation is an empowering process in which people exercise control over their lives. The program adheres to the concepts of the holistic nature of people, self-responsibility for health promotion and wellness, the uniqueness of each individual, equal opportunity for health care, and social and economic involvement for all persons with disabilities. These concepts form the philosophical basis for course work that prepares students to provide services to individuals with a variety of disabilities including substance use disorders, intellectual disabilities, mental illness, and physical disabilities. At the heart of our philosophy is the concept of informed choice – the person we serve or, in the case of those who are minors or have legal guardians, their family member is ultimately the decision-maker.

Curriculum

The curriculum combines academic theory and technique courses with hands-on practicum and field-site internship experiences. A very high value is placed on the exposure of students to a broad spectrum of rehabilitation services, professional organizations, interdisciplinary professional activities, as well as advocacy and consumer groups in the field of rehabilitation. Students learn about physical, psychological, and social issues that impact individuals with disabilities and how to work collaboratively with other professionals in the field.

Degree Programs

The department offers course work and degree programs at both the undergraduate and graduate levels. Undergraduate students may earn a Bachelor of Science degree in Rehabilitation Studies. The department also offers undergraduate certificates in Rehabilitation Studies, Substance Use Disorder Treatment, as well as minors in Human Service, Rehabilitation Studies, and Addiction Studies. Those wishing to pursue a graduate degree after graduation may apply to our Master of Science degree in Rehabilitation Counseling. Additionally, the department houses undergraduate degrees in Public Health and Addiction Studies as well as a master's degree in Health Services Administration and a Ph.D. in Health Service Research.

ACCREDITATION

Southern Association of Colleges and Schools

UNT is accredited by the Southern Association of Colleges and Schools (SACS) through 2016. For more information, contact SACS at 1866 Southern Lane, Decatur, GA 30033 • (404)679-4500.

ACCESSIBILITY

UNT Disability Accommodation Policy (18.1.14)

Policy Number: 18.1.14

Date Issued: 12/04

FACULTY AND STUDENTS

I. POSITION STATEMENT: In accordance with university policies and state and federal regulations, the university is committed to full academic access for all qualified students, including those with disabilities. To this end, all academic units are willing to make reasonable and appropriate adjustments to the classroom environment and the teaching, testing, or learning methodologies to facilitate equality of educational access for persons with disabilities. While the integrity of academic standards must be upheld, the emphasis is on attainment of essential competencies in a subject or discipline. Pursuant to the requirements of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA), adjustments that will be made for students with disabilities covered by the ADA (qualified students) include the following:

A. Except for specific programs and requirements as defined below, no one may be excluded from any course or course of study based on a disability. Academic degree or course requirements may be modified in certain instances to ensure full participation by students with disabilities; however, academic criteria and/or certain accrediting agencies define essential competencies that must be progressively developed and integrated throughout degree programs in specific disciplines. Assessment of these competencies is a regular and normal part of accredited degree programs throughout the United States. While alternative competencies may be provided for certain disciplines, competencies essential to accredited programs or specific skill requirements necessary for an essential academic and/or career function cannot be waived. To do so would negate the validity of the specific degree or accredited program or endanger the accreditation for the academic program and the resulting degrees issued to all graduates in the department.

B. Classes scheduled in classrooms inaccessible to students with mobility impairments as defined by the ADA will be rescheduled in accessible facilities.

C. Alternate methods of testing and evaluation will be made available in all courses offered by the institution for qualified students with requirements for such alternate methods.

D. Auxiliary aids will be made available by the institution for qualified students with sensory, manual, or speaking impairments.

E. Modification of degree requirements may be considered in instances where the department or professor has provided reasonable accommodations in required courses and the qualified student has demonstrated a good faith effort to pass these courses. (See section III below for procedures.)

F. Certain campus rules and regulations may be waived if they limit the participation of qualified students with disabilities.

G. Each academic unit (e.g. department or college) will designate a disabilities accommodation liaison whose responsibility it will be to become familiar with campus facilities utilized by the unit for instructional purposes, degree program and course requirements, and specifics of the Rehabilitation Act of 1973 and the Americans with Disabilities Act and will serve as an intermediary between qualified students requesting accommodation, the faculty, and the Office of

UNT Web Accessibility Policy (5.1)

Policy Number: 5.1

Date Issued: 7/03

ALL NEW AND UPDATED WEB SITES AT UNT

The University of North Texas is committed to making its web sites and web applications accessible to all users. We have created the following web accessibility requirements that are designed to improve accessibility for users with disabilities. The requirements are based on federal and state guidelines, policies, and coding standards for creating accessible web sites.

In accordance with the State of Texas definition of a "state web site," this policy shall apply to all UNT web sites and pages including UNT's home page and any key public entry points. The requirements listed below shall be required to be followed for every new web site or page that is created or updated starting after the publication date of this policy. UNT also encourages site administrators to examine existing sites and implement accessibility features to provide equivalent access.

New web sites shall be checked for compliance when a link is requested on the UNT home page. Existing UNT web sites shall be contacted for accessibility issues as complaints or concerns are initiated.

Further explanation for each requirement and technical resources can be found at <http://www.unt.edu/webinfo/accessibility>.

Technology enhanced courses and distance learning

Technology in the classroom

The department has been a leader in utilizing technology to enhance our course work. We began offering blended courses in 2001 and have also utilized technology such as CLICKERS to engage students. The department has received three learning enhance grants

to support distance learning and technology in the classroom.

Distance Learning

The department has a strong reputation for being student centered and part of this is online offering courses that meet student needs. The program began offering our courses for our master's program in 2000 and began offering undergraduate courses online in 2006. UNT is recognized as having the most online courses of any university in Texas and has strong faculty support to enhance the courses through the Center for Learning Enhancement and Redesign (CLEAR).

Undergraduate courses

The program currently offers all the undergraduate classes online and most classes are also offered face-to-face at least once a year. While majors are encouraged to take the face-to-face classes so that they can meet other students and receive personal mentoring from faculty, we realize that distance learning offers many students an opportunity to continue their education that might not otherwise be able to do so because of family and work demands.

Undergraduate certificate

Coursework leading to the undergraduate certificate in rehabilitation studies is available online as well as on campus.

Research and Development Division

The primary goal of the research and development division is the preparation of individuals in the professional and personal skills necessary to assist persons with disabilities to function as independently as possible, and to develop and disseminate best practices in rehabilitation programs and services for persons with disabilities.

UNT Wellness, Employment, and Learning Lab (WELL)

UNT WELL is a direct client-service facility that serves as an on-campus training and research site. The laboratory provides teaching, research, and direct client service opportunities for Rehabilitation Counseling students and employees in rehabilitation services.

UNT-WISE

The University of North Texas – Workplace Inclusion and Sustainable Employment (UNT-WISE) is located at the University of North Texas and housed within the Department of Rehabilitation and Health Services. UNTWISE delivers information, continuing education and technical assistance in areas that affect the employment and inclusion of individuals

with disabilities. Utilizing a variety of delivery systems, from face-to-face training to distance-learning technologies, UNTWISE keeps vocational rehabilitation practitioners and managers abreast of the latest trends, best practices, and research. We have a track-record of success that we are proud to acknowledge, including the RSA Commissioner's Award for Excellence in Education and Training. Currently, UNTWISE has programs that provide students with the opportunity to gain professional experience, including the Career Cruisin' Camp, which was held in the Summer of 2009, 2010, & 2011, and the REAL Program conducted in Summer 2010 and 2011, both of which are targeted at youth with disabilities. For more information regarding upcoming trainings and opportunities, please contact UNTWISE at untwise@unt.edu, or visit our website at <https://wise.unt.edu/>.

**Rehabilitation Studies
Enrollment and Admissions, Academic Advising,
and Degree requirements**

WHAT TO EXPECT

As a Rehabilitation Studies major, you will:

- Explore the social, psychological, and physical impact of disabilities
- Understand the human service delivery system and how to effectively interface with other professionals
- Gain skills in advocacy, case management, interpersonal communication and problem solving
- Become knowledgeable about intervention techniques and providing services for people with disabilities

You will complete 30 hours of human services courses with an opportunity to complete another 12 hours in a specialization or certificate program or an 18-hour minor. A one-semester internship in a human service agency is required as part of a practicum course. You may select from a variety of programs and organizations to complete this 200- hour supervised experience.

Our Career Center and professional academic advisors are among the many valuable resources that are available to you at UNT. The Career Center, as well as faculty in the program, can provide advice about future employment opportunities as well as getting hands-on experience in your major. Academic advisors will help you plan your class schedule each semester.

HOW TO ENROLL AT UNT

HIGH SCHOOL STUDENTS

We encourage you to fulfill the graduation requirements for the Recommended Program or the Distinguished Achievement Program in high school. In your junior year, take the SAT or the ACT and have your scores sent to UNT.

In your senior year, apply for admission at www.applytexas.org by March 1 and request that your high school transcript be sent to the UNT admissions office.

Dual Credits, Advanced Placement, and International Baccalaureate courses can count toward college credit at UNT. For details, visit www.unt.edu/credit.

TRANSFER STUDENTS

If you're attending a Texas community college, you should consult our Transfer Articulation web page: <https://registrar.unt.edu/transfer-guides>, the UNT Undergraduate Catalog and an academic counselor/advisor to review your degree plan. Proper planning allows you to receive the maximum amount of transfer credits.

Our Transfer Center will help you make a successful transition to college life at UNT by connecting you to a peer mentor and other campus resources. Each year, we welcome more transfer students than any other institution in the state. More information is at transfer.unt.edu.

Academic Advising

The College of Health and Public Service (HPS) Student Services Advising Office assists students with degree planning. The advising office is located in Chilton Hall, room 112, 940.565.4115. The office is open to walk-ins, but appointments are encouraged. A specific advisor is assigned to all rehabilitation studies majors.

The Student Services Office provides ongoing support for HPS undergraduate students as they move from freshman to senior status.

- Exploring Life Goals
- Writing Degree Plans and Checking Requirements for Graduation
- Selecting Majors, Minors, Specializations, and Certifications
- Helping Students Understand University Requirements, Academic Status, and Grade Point Averages.
- Selecting Classes
- Referring Students to On-Campus Resources
- Scheduling Classes
- Probation Advising
- Acting as an Advocate for students

Rehabilitation Studies Degree Requirements

The Bachelor of Science degree in Rehabilitation Studies from the University of North Texas consists of 120 college credit hours. The degree requires 42 hours of general academics, 30 hours in the major, and 48 hours of general electives. There must be a minimum of 42 hours advanced credit (3000 or 4000 classes).

IMPORTANT NOTE: Rehabilitation studies students are required to have a minimum 2.3 GPA.

Possible Service Areas for Rehabilitation Practitioners:

- Addiction Treatment Centers
- Head Injury Rehabilitation Programs
- Community Rehabilitation Programs
- Independent Living Centers
- Non-Profit Organizations
- State/Federal Rehabilitation Programs
- Aging Programs
- Hospitals
- Residential Programs
- Veterans Administration
- University/School Settings
- Child Welfare Agencies
- Insurance Companies
- Placement Services
- Private Human Services
- Post-Acute Care Facilities
- Correctional Facilities
- Homeless shelters
- Mental Health Programs
- Vocational Programs

MAJOR REQUIREMENTS

Rehabilitation Studies Required Courses (30 Hours)

RHAB 3000 Microcounseling
ADDS 4075 Drugs and Alcohol or ADDS 4275 Alcohol, Drugs, & Disability or
ADDS 3975 Addictions
RHAB 3100 Disability and Society
RHAB 4200 Aspects of Disability I
RHAB 4300 Intro to Psychiatric RHAB
RHAB 3900 Case Management in Rehabilitation
RHAB 4100 Rehab Service Delivery Sys.
RHAB 4700 Employment Services
RHAB 4500 Assessment in Rehabilitation
RHAB 4880 or 4881 Practicum

Addiction Studies Electives? (not sure if this needs to be removed)

RHAB 3975 Addictions
RHAB 4575 Current Issues in Substance Abuse
RHAB 4175 Addiction Treatment Models
RHAB 4675 Alcohol and Drug Abuse Competencies
RHAB 4275 Substance Abuse and Rehabilitation
RHAB 4800 Topics in Rehabilitation Studies
RHAB 4375 Addiction Counseling and Groups
RHAB 4475 Chemical Dependency Assessment

Suggested Minors (18 Hours, 6 Adv. Hours)

Addiction Studies, Applied Gerontology, Behavior Analysis, Criminal Justice, Counseling, Decision Science, Human Development & Family Science, Nonprofit Leadership Studies, Psychology, Public Administration, Social Sciences, Sociology, and Recreation and Leisure Studies.

The rehabilitation studies degree is designed to be flexible in order to allow students to select coursework that will better prepare them for the type of setting in which they hope to eventually work. For instance, students who want to work with individuals with alcohol or other drug abuse issues should minor in Substance Use Treatment and consider a double minor or concentrated course work in criminal justice. A combination of a rehabilitation studies degree, behavior analysis minor, and human development minor would provide a solid

basis for those who would like to pursue a career working with individuals with intellectual disabilities. Students who are wishing to work in a mental health organization are encouraged to minor in psychology and seek the substance use disorder treatment certificate.

Check out the department web site at [Rehabilitation & Health Services Department | College of Health and Public Service \(unt.edu\)](http://Rehabilitation & Health Services Department | College of Health and Public Service (unt.edu)) for information about faculty, course descriptions, employment opportunities, and links to other rehabilitation-related sites such as licensing.

GENERAL ACADEMIC REQUIREMENTS (42 Hrs)

- (3) ENGL 1310 College Writing I*
- (3) ENGL 1320 College Writing II*
- (3) MATH 1680 Statistics recommended
- (6) Life and Physical Science BIOL 1112 Contemporary Biology** (no longer recommended)
- (3) Creative Arts
- (3) Language, Philosophy & Culture
- (3) HIST 2610 U.S. History to 1865
- (3) HIST 2620 U.S. History Since 1865
- (3) PSCI 2305 American Government
- (3) PSCI 2306 American Government
- (3) Social and Behavioral Science
 - Recommended: PSYC 1630 Introduction to Psychology**
- (6) Component Option A & B
 - Required: RHAB 3000 Micro Counseling

* Must earn a "C" or higher to satisfy requirement

** PSYC 1630 is recommended by the department

University Core Curriculum Requirements***

The University Core Curriculum is designed to give all graduating students basic intellectual competencies in reading, writing, speaking, listening, critical thinking and computer literacy. This core body of knowledge requires study in the tools of language and thought, mathematics, natural sciences, social and behavioral sciences (including U.S. history and political science), visual and performing arts, and humanities.

The UNT Core Curriculum complies with the mandates of the Texas Legislature regarding requirements for state-assisted institutions.

Individual academic programs may require courses contained in parts of the University Core Curriculum. Students who wish to take courses that will fulfill both core and major requirements simultaneously should check with academic advisors for assistance in selecting core courses.

Students may also choose to use core courses to meet the minimum number of advanced

hours required by their degree.

*** RHAB 3000 and RHAB 3100 satisfy both a major requirement and a university core requirement.

COURSE DESCRIPTIONS

RHAB 3000 – Microcounseling

Microcounseling skills and case presentation. Students learn and practice specific interpersonal communication and microcounseling skills related to human service delivery.

Core Category: Discovery

RHAB 3100 – Disability and Society

Explores the historical and current treatment of persons with disabilities. Examines the impact of social institutions, public policy, and attitude on service provision, with emphasis on the impact current legislation and research have had on the marginalization and segregation of persons with disabilities.

Core Category: Social and Behavioral Sciences

RHAB 3200 - Medical and Psychosocial Aspects of Disability I

Stages of adjustment to disability, impact of age at onset, impact on family. Introduction to consumer-based health perspectives. Overview of etiology, progression and treatment of major disabling conditions related to cognition, emotion and addiction and other disorders related to the nervous system. Includes the interplay of physical, psychosocial, and vocational implications of these disorders.

RHAB 3400 – Medical and Psychosocial Aspects of Disability II

Continuation of material begun in RHAB 3200. Overview of etiology, progression, and treatment of major disabling conditions. Includes the interplay of physical, psychosocial, and vocational implications. Includes the emphasis on medical terminology and adaptive equipment.

Prerequisite(s): RHAB 3200 or consent of department.

RHAB 3900 – Case Management in Rehabilitation

Application of the rehabilitation model as an approach to individualized service delivery. Focuses on interviewing, assessment, individualized service planning and coordination of rehabilitation services.

Prerequisite(s): RHAB 3000 , RHAB 3100

RHAB 3975 – Addictions

Examines the relationship of substance abuse and addiction to individual functioning and health, social welfare, criminality, and family life. Reviews the history of drug use, control and treatment as well as modern methods of treatment.

RHAB 4100 – Rehabilitation Service Delivery Systems

Reviews rehabilitation services within their organizational contexts. Examines service delivery models and dynamics, as well as their application through public and private resources. Includes review of program evaluation strategies, field visits and review of practicum application process.

RHAB 4500 – Assessment in Rehabilitation

Principles, techniques and procedures used in the assessment process in rehabilitation, including assessments related to identification of issues of addiction, vocational assessments and situational assessments.

RHAB 4700 – Employment Services

Covers basic job development and job placement skills and activities. Includes job analysis, supported employment, transition services and labor market analysis.

Prerequisite(s): RHAB 3100 or consent of department

RHAB 4860 – Professionalism and Leadership

Examines the ethical principles underlying the rehabilitation code of ethics and applies them through examination of legal and ethical issues arising within rehabilitation practice. Reviews the role of rehabilitation leaders in ensuring quality, consumer-oriented rehabilitation services. Includes review of the rehabilitation counselor code of ethics, accreditation, licensure and certification for rehabilitation professionals.

Prerequisite(s): RHAB 3000 , RHAB 3100 , RHAB 3900 . Rehabilitation major.

RHAB 4880 – Rehabilitation Practicum

Practical experience in a supervised setting aimed at the integration of theory and practice and refinement of skills. Requires a minimum of 150 hours within the practicum setting plus attendance at weekly integrative seminars.

Prerequisite(s): A minimum of 18 hours of rehabilitation course work, including RHAB 3000, RHAB 3100 , RHAB 3200 and RHAB 3900

Application for approval of the practicum site occurs in the term/semester prior to enrollment in this course and is facilitated by the practicum instructor and/or student advisor.

Core Category: Capstone

RHAB 4881 – Addictions Practicum

Practical experience in a supervised chemical dependency setting aimed at the integration of theory and practice and refinement of skills. Requires a minimum of 300 hours within

the practicum setting plus attendance at weekly integrative seminars.
Prerequisite(s): Completion of 18 hours of addiction course work
Application for approval of the practicum site occurs in the term/semester prior to enrollment in this course and is facilitated by the practicum instructor and/or student advisor.

Elective Addiction Courses:

RHAB 4010 – Substance Abuse Treatment

Addresses the phases and processes used in the treatment of addiction. Covers a range of perspectives on treatment including emotional, cognitive, legal, social, family, and systemic interventions as well as relapse prevention.

RHAB 4075 – Drugs and Alcohol

Covers the psychological, biological, and behavioral causes and effects of substance abuse and addiction with particular focus on the impact of alcohol, cannabis, nicotine, opiates, stimulants, depressants and hallucinogens on mind, body and behavior.

RHAB 4175 – Addiction Treatment Models

Provides an overview of treatment strategies used in the treatment of alcohol/drug abuse and dependence. Examines basic chemical dependency treatment service delivery systems within the context of alcohol and other drug abuse counseling theory.

Prerequisite(s): RHAB 4075 or RHAB 3975

RHAB 4275 – Alcohol, Drugs and Disability

Examines the biological, psychological and systemic nature of substance abuse and addiction, their overlap with other mental and physical disabilities, and relationship to the process of rehabilitation.

RHAB 4375 – Addiction Counseling and Groups

Principles and practice for the most common form of addictions treatment offered today. Explores methods of dealing with substance abuse issues in a group and offers opportunities to apply skills in class setting.

Prerequisite(s): RHAB 4175

RHAB 4475 – Assessment of Alcoholism and Chemical Dependency

Explores the tools and dynamics of assessing chemical dependency, the placement and referral of these clients and treatment planning. Students learn to systematically gather data from clients and other sources; to use psycho-social instruments that are sensitive to

age, gender, and culture; and to apply accepted criteria in diagnosing substance abusedisorders and making treatment recommendations.

Prerequisite(s): RHAB 4175 or equivalent.

RHAB 4575 – Current Issues in Substance Abuse

Current issues in chemical dependency are explored using various types of research reports and other professional literature. These sources are used to help students understand the role of research in developing programs, formulating policies and evaluating one’s practice. Students become critical consumers of professional literature as they develop specialized expertise on specific problems, groups or practices used in treating addictions and substance abuse.

RHAB 4675 – Alcohol and Drug Abuse Competencies

Focuses on familiarizing students with the core competencies necessary for effective interventions within addiction treatment settings and prepares students to apply these skills in alcohol and other drug abuse (AODA) counseling practice.

Prerequisite(s): RHAB 4175, RHAB 4475

UNDERGRADUATE PRACTICUM

The Bachelor's degree in Rehabilitation Studies requires that upon completion of at least 75% of all core and professional specialization course work, students complete a supervised practicum experience. The practicum will consist of a minimum of 150 hours of observation and client contact experiences at an approved field site that offers rehabilitation services to persons with disabilities. The course includes a weekly 1-1/2 hour group supervision meeting and seminar in ethics and standards of practice in rehabilitation. Students who are employed full time during their graduate program may need to make prior arrangements to spend extra time at their field placement site or to include significant new learning experiences in their job during the semester in which they plan to do their practicum.

Students who have not worked in the field are encouraged to take the 300 practicum so that they can have the opportunity for more hands on experience.

Applying for Practicum

Before applying for Practicum, all students must have an approved degree plan on file with UNT.

All students must make application for practicum placement before enrolling in the Practicum course (RHAB 4880 or 4881). **This application should be submitted to the practicum coordinator, Professor Sharma, six to eight weeks prior to the start of the semester the student plans to complete the practicum course.** Students should first confer with the practicum coordinator and then with the prospective site supervisor of the on- and off-campus site in which they plan to do their experience before completing the practicum application form. Approval is dependent upon the student's satisfactory progress in all course work prerequisite to the practicum and upon approval of the DAR faculty of the field site supervisor's qualifications and the field site selected for the student's practicum experience.

Field Site Experience Guidelines

A copy of the *Rehabilitation Studies Manual* may be obtained from the practicum instructor for details regarding procedures and guidelines. A copy of the Guidelines section for field site supervisors should be given to the student's off-campus field site supervisor at the time of initial contact with them.

**DEPARTMENT OF REHABILITATION &
HEALTH SERVICES**

FACULTY

Carey, Chandra D., PhD, CRC

Associate Professor

Specialization areas: Multicultural responsiveness and anti-racist training in rehabilitation counselor education and practice; severe mental illnesses and rehabilitation outcomes; health equity and integrated care and behavioral health disparities for minoritized communities.

(940)369-7627; Chandra.Carey@unt.edu

Catalano, Denise, PhD, CRC

Specialization areas: factors that impact individual resilience, factors that impact ecological resilience, community participation among individuals with chronic illness and disability, quality of life issues among individuals with chronic illness and disability.

Chowdhury, Dalia, PhD, CRC, CADC, LPC

Assistant Professor

Specialization areas: Mental and Physical Disability, Gender, and Violence; Trauma and addiction; Suicide and Trauma informed Healthcare; Gender and Pedagogy; Psychometry.

Heller-Garland, Paula, MS, LCDC

Lecturer; Addictions Program

Specialization: Substance Use and Addiction

(940) 565-5186; Paula.Heller-Garland@unt.edu

Holloway, Linda L., PhD, CRC

Professor Emerita

Specialization areas: Supported employment, psychiatric rehabilitation, neurodiversity, transition from school to work for individuals with Autism Spectrum Disorder

(940) 565-3629; Linda.Holloway@unt.edu

McDaniels, Bradley, PhD, CRC

Assistant Professor, Rehabilitation Studies Program Coordinator

Specialization areas: Well-being, quality of life issues, meaning and purpose, positive psychology, apathy, and psychosocial adaptation among individuals with chronic illness and disability with a particular interest in Parkinson's disease.

Mpofu, Elias, PhD, CRC

Professor

Specialization areas: My research scholarship focuses on rehabilitation strategies,

interventions, and tools aimed to optimize the full community inclusion of people with disability and other vulnerabilities. This research portfolio includes concept mapping studies on community living and participation with neurodevelopmental disabilities, behavioral phenotyping of health and functioning in older adults aging with and aging into disability, and design of socially community living interventions for use with older adults.

Sharma, Rachita, PhD, LPC- S, CRC

Clinical Lecturer

Specialization areas: Research on transition issues faced by Veterans with disability in Higher Education, Use of Complementary and Alternative Medicine techniques in Mental health treatment

(940) 565-2023; Rachita.Sharma@unt.edu

Watts, Justin, PhD, NCC, CRC

Assistant Professor

Specialization areas: Interpersonal trauma, bio-psycho-social-emotional impact of child-maltreatment, collegiate recovery, recovery support, the counseling working alliance, and mental health.

CAREERS IN REHABILITATION

The rehabilitation field offers a vast array of career choices. Opportunities exist for assisting individuals in making life choices as well as for fostering positive change for the benefit of society. The following list highlights some of the many options available to the individual with a Bachelor of Science in Rehabilitation Studies.

SUPPORTED EMPLOYMENT

Positions are available in the area of supported employment to assist persons with the most severe disabilities in maintaining employment. Positions include employment specialists, job coaches, and transition specialists. These individuals will work with a multitude of providers, as well as the consumer and his/her family members in identifying a good job match and providing appropriate support services to assist the person in keeping the job. These individuals will also interface with employers and the business community. Good communication skills, creativity, and flexibility are a must for persons working in this field. Typical employment settings include MHMR agencies, small non-profit organizations, state hospitals and state schools, as well as public schools.

ADDICTIONS TREATMENT

Opportunities abound in the area of chemical dependency treatment. In order to provide counseling to persons who are chemically dependent, licensure is required in the state of Texas (see licensure and credentials). However, many paraprofessional jobs abound in this area, including technician positions within hospital and residential settings. There is a tremendous demand for licensed counselors within the criminal justice field, particularly prison settings. In addition to hospital and correctional facilities, there are many small non-profit organizations which provide addiction treatment. There is also typically a Council on Alcohol and Drug Abuse in most major cities, as well as larger organizations such as the

Salvation Army and MHMR.

INDEPENDENT LIVING

Centers for Independent Living (CILs) are located strategically around the United States to provide services to assist persons with disabilities in living in the community. These centers must have at least 51% of their staff and board comprised of persons with disabilities. The centers provide information and referral, peer counseling, and independent living services, as well as other services identified by local needs. In addition to the independent living centers, provide services to assist persons with living skills. Examples of these are MHMR's, head injury programs, and United Cerebral Palsy. Professionals in this field must have a good knowledge of local resources, technology, and disability issues.

VOCATIONAL EVALUATION

There are many programs which hire persons to perform vocational evaluations on persons with disabilities to assist in career planning. Evaluators administer paper and pencil tests as well as observations and interviews to identify interests, strengths, and potential obstacles to employment. Persons employed in this area must have excellent writing skills, as well as good verbal skills and some background in statistics and

measurements.

COMMUNITY CORRECTIONS

Community corrections, such as probation and parole, currently have numerous employment opportunities. Persons working in this field provide case management and supervision for persons who have committed criminal offenses. These individuals must also work closely with the court system and the individual's support system, ensuring that the work and home environments are conducive to the person's rehabilitation. Typically, individuals working in community corrections will be employed by some type of governmental entity - federal, state, or county.

JOB DEVELOPMENT

Job developers and job placement specialists work with consumers and employers to develop appropriate employment settings. They may assist the individual in developing employment goals, preparing for job interviews, developing resumes, and requesting job accommodations. They will also work closely with employers to identify appropriate jobs and facilitate the transition to employment. Performing job analysis and making recommendations for accommodations and modifications has become an integral part of this job. Individuals should be familiar with employment laws, particularly the Americans with Disabilities Act (ADA) and be creative and outgoing. Job developers typically work for small non-profit organizations, but can be employed by the state VR system, MHMR's, Veteran's Administration, or Social Security.

MENTAL HEALTH

MHMR's employ a number of individuals to assist persons with serious mental illness in managing their lives. Mental health workers may provide services to persons who are hospitalized, as well as to individuals residing in the community. There is a diversity of jobs available including case management, day treatment, psychosocial specialists, residential services, and vocational services. Individuals will typically be employed by a state hospital or an MHMR, but there are some private facilities which provide services to persons with serious mental illness, including private hospitals and small non-profit agencies.

INTELLECTUAL DISABILITIES

Most communities have some type of services to assist persons with intellectual disabilities and their families by providing supports to allow the person to live in the community. Types of services include habilitation, case management, respite, skills training, residential, and vocational services. Some communities also have state schools which provide services to those individuals with very severe disabilities. Persons employed in this field must have a good understanding of behavior analysis, as well as good communication skills.

SCHOLARSHIPS

RHS has three scholarships:

- (1) The Ken Miner Memorial Scholarship--granted each year to a qualified applicant from the graduate or undergraduate programs in Rehabilitation.
- (2) The Fort Worth TRA Scholarship--provided yearly by the Fort Worth Chapter of the Texas Rehabilitation Association to a qualified graduate or undergraduate student in Rehabilitation.
- (3) Dan Minehan Scholarship--provided yearly to a qualified undergraduate student in Rehabilitation.

Applications are taken for these scholarships in the spring semester each year. The award amount for each scholarship is approximately \$500 that is applied directly toward the recipient's fall tuition and fees.

Students also may apply for financial aid through the University of North Texas Financial Aid Office.

LICENSURE

Licensure

Students graduating with a degree in rehabilitation studies or a minor in Addictions meet the academic qualifications to become a Texas Licensed Chemical Dependency Counselor (LCDC).

Any person practicing chemical dependency counseling activities and claiming the credentials of a LCDC is required by law to submit appropriate credentials for evaluation and take an examination before recognition is granted. Graduates of the Rehabilitation Studies degree program are prepared with the educational requisites for application for the State of Texas licensing as a chemical dependency counselor. Additional requirements for the LCDC include a 3000-hour supervised internship and satisfactory scores on the LCDC Exam and pass a criminal history background check. From time to time the Board has initiated requirements over and beyond those one might satisfy in any given degree program. It is advised to contact the Board to gain specific information on requirements that may be applicable at the time one wants to become licensed.

Applications and additional information on the LCDC may be obtained by contacting:

Licensed Chemical Dependency Counselor Program
Texas Department of State Health Services MC-1982
Mail Code 1982
P.O. Box 149347
Austin , Texas 78714-9347

Email: lcdc@dshs.state.tx.us
Telephone: (512) 834-6605
Fax: (512) 834-6677

Website: <http://www.dshs.state.tx.us/lcdc/>

STUDENT ORGANIZATIONS

UNT Student Government Association

Students have the opportunity to participate in the UNT Student Government Association (SGA) and to serve as officers. SGA serves as the student connection to the university. We are here to serve student's wants and needs. Want to get involved? We can help. Want to have fun? We know fun. Want to see change? That's what we do. Need a bigger voice? That's what we are! We are here to serve you, if you have any comments, suggestions,

questions, or concerns, please do not hesitate to contact us. E: sga@unt.edu P: (940) 565-3850

Website: <http://www.untsga.com>

UNT SERVES

UNT SERVES is a REAL (Residents engaged in active learning) Community on the UNT CAMPUS. Rehabilitation Studies majors may join others who are interested in making a difference and creating a social bond.

In the UNT SERVES community at Kerr Hall students will engage in leadership and service activities that enable them to build lasting friendships, career networks and valuable experiences that empower them to be the next generation of leaders. Students in this wing come from a variety of backgrounds and majors but share the same desire of making an impact in their community.

In this wing students will be empowered to shape the kind of world they desire. Students interested in government and nonprofit careers are encouraged to join this community. Students seeking majors in the College of Public Affairs and Community Service, Department of Political Science or those seeking the minor in the Leadership of Community and Nonprofit Organizations are also strongly encouraged to become a resident in this REAL community.

North Texas Rehabilitation Association

The professional organization for graduate and undergraduate students interested in the field of vocational rehabilitation is the **North Texas Rehabilitation Association**. The goal of North Texas Rehabilitation Association is to promote the personal and economic independence of persons with disabilities through advocacy and awareness. The group meets monthly to hold programs of interest to students and professionals in rehabilitation. Some of the activities included are fund-raising events for the organization's projects and rehabilitation student scholarships as well as social events for members and associates of the organization. Recently, North Texas Rehabilitation Association has become a subchapter of the Texas Rehabilitation Association. All currently enrolled UNT students and other persons interested in the field of vocational rehabilitation are eligible to join. To contact North Texas Rehabilitation Association, please feel free to e-mail UNTNTRA@yahoo.com.

North Texas Active Minds

Active Minds is the only organization working to utilize the student voice to change the

conversation about mental health on college campuses. Our mission is to destigmatize mental health disorders by promoting open, enlightened discussion of mental health; and to create a better life for all who suffer. To capitalize on the energy and dedication of young adults in the fight against the stigma that surrounds mental health disorders, and to educate, enlighten, and empower all young adults to ensure their own mental health before it ever reaches a tragic stage. This organization was chartered at UNT by rehabilitation counseling students in 2011 to advocate for individuals with mental illness. Some of the activities involved include raising awareness for those with mental illness, holding table events to educate others about mental illness, and fund-raising to support Active Minds, Inc. Some of the recent accomplishments of North Texas Active Minds are “The Leadership Award” as well as a continuing active participant in “Adopt-A-Block.” Active Minds is made up of graduate students and undergraduate students currently enrolled at UNT. To contact North Texas Active Minds, please feel free to e-mail NorthTexasActiveMinds@gmail.com.

Student Services

CARE Team

Phone (940) 565-4373

<http://studentaffairs.unt.edu/care/index.html>

The mission of the CARE Team is to assist in protecting the health, safety, and welfare of the students and members of the UNT community, support student success, and provide a comprehensive response to students whose behavior is disruptive to themselves or the environment.

Career Center

Chestnut Hall, Room 103

Phone (940) 565-2105

<http://careercenter.unt.edu/>

Career Center provides information, screening and referral for part-time on-campus jobs; computerized information about off-campus and summer job openings. Interactive computer software provides information to assist students in choosing a major and/or career. Advisors and employment resources are available to individuals of all majors and educational levels with regards to resume writing, interview tips, job search strategies and career advising.

Center for Student Rights and Responsibilities

Phone (940) 565-2039

<http://conduct.unt.edu/>

CSR provides education to the campus community on student rights and responsibilities, referrals for violations of the student code of conduct, mandatory psychological or medical withdrawals, ethics and civility issues training, student reinstatements and arrest clearances.

Counseling and Human Development Center

Phone (940) 565-2970

<https://www.coe.unt.edu/chdc>

The CHDC offers individual counseling for adult and adolescent clients and play or activity therapy for children ages three years and older. Currently enrolled UNT students who are not attending counseling as part of a class project pay just \$2/session.

Counseling and Testing Services

Chestnut Hall, Room 311

Phone (940) 565-2741

<http://counselingandtesting.unt.edu/>

C&T provides confidential, professional, short-term (8 sessions per academic year) psychological counseling free to currently enrolled students. Counseling is available for the areas of educational, vocational, marital, emotional and personal adjustment and development for UNT students. Counseling and Testing services also serves as a national testing center and computer-based testing site for the GRE, GMAT, TOEFL, and CLEP.

Dean of Students Office

Phone (940) 565-2648

<http://deanofstudents.unt.edu/>

The Dean of Students Office fosters the development of leadership, civility, accountability, and responsibility in the University of North Texas student; builds community through service and involvement; and serves as an advocate for all students.

Disability Accommodation

Phone (940) 565-4323

www.unt.edu/oda/

The Office of Disability Accommodations (ODA) assists students with ADA-related concerns, educational access and accommodation. ODA also makes referrals for diagnostic evaluations.

Financial Aid Office

Eagle Student Services Center, Room 228

Phone (940) 565-2310

<http://financialaid.unt.edu/>

Financial Aid Office assists in FAFSA applications; processing and awarding of federal and state financial aid-loans, grants, scholarships, work programs.

General Access Computer Labs

<http://www.gacl.unt.edu/hour.php>

The University has fourteen general access computer labs located across campus, including one lab equipped with adaptive technology for students with disabilities, located in the Science & Technology Library, ISB 104.

International

Sycamore Hall, Room 206

Phone (940) 565-2197

<http://international.unt.edu/>

The International Welcome Center provides year-round orientation for international students in undergraduate and graduate programs at UNT. In addition, this office provides multicultural programming for UNT departments, and the Denton community.

Learning Center

Phone (940) 369-7006

<http://learningcenter.unt.edu/volunteertutoring>

Provides speed reading and study skills classes, speed reading and study skills by computer, Volunteer Tutors, Supplemental Instruction, Supplemental Tutoring, and referrals to campus-wide resources. The Learning Center provides currently enrolled UNT students with FREE, live, interactive tutoring through SMARTHINKING.com. This service connects students to qualified e-structors (online tutors) anytime, from any Internet connection.

Libraries

Willis Library and Eagle Commons Library

Phone (940) 565-2413

<http://www.library.unt.edu/libraries-and-collections/libraries>

The University has two libraries on campus, the Eagle Commons Library and Willis Library. Willis library is the main library on campus. The Eagle Commons Library houses collections in mathematics, psychology, behavior studies, the Curriculum Materials Collections, and the Juvenile Collection.

Pohl Recreation Center

Pohl Rec Center, 1900 Chestnut Drive

Phone (940) 565-2275

<http://recsports.unt.edu/>

The Pohl Recreation Center gives people the opportunity to participate in aerobics, outdoor pursuits, swimming, weightlifting, various club sports and informal participation in basketball, indoor soccer, volleyball and badminton. Access to the gym is free for currently enrolled UNT students.

Police

Sullivant Public Safety Center

Phone (940) 565-3000

<http://www.unt.edu/police/>

The UNT Police Department is a nationally accredited agency and serves an integral role in campus life as the university's principal provider of safety and security for our faculty, staff, students, and visitors.

START Office

Phone (940) 565-4403

<http://start-office.unt.edu/>

The START Office provides a “one stop shop” for first time in college and transfer students providing access to support programs which strengthen academic performance and promote academic success. Our office consists of a team of student advocates who take a collaborative and holistic approach to academic support services.

Student Health and Wellness Center

Chestnut Hall, 1800 Chestnut Drive

Phone (940) 565-2333

<http://healthcenter.unt.edu/>

Student Health and Wellness Center provides medical care and health education services for enrolled students. Call to schedule an appointment.

Student Legal Services

Phone (940) 565-2614

<http://studentlegal.unt.edu/>

Student Legal Services provides UNT students with legal advice, assistance, representation and education. Our goals are to enable students to focus on their education and stay in school despite any number of legal obstacles. The services of this office are 100% free to enrolled students.

Student Money Management Center

Chestnut Hall, Room 313

Phone (940) 369-7761

<http://moneymanagement.unt.edu/>

The Student Money Management Center provides personal financial and money management education to students. In addition to seminars and presentations, they provide confidential individual financial consultations and planning services. All services are free for UNT students.

Substance Abuse Resource Center

Chestnut Hall, Room 301

Phone (940) 565-2787

<http://sarc.unt.edu/about>

The Substance Abuse Resource Center at UNT will provide evidence-based individual, group, and environmental level education regarding alcohol and other drug use through services and strategies that encourage healthy decision making, in an effort to reduce the harmful effects of substance use.

TRiO

Wooten Hall, Room 366

Phone (940) 565-4754

<http://trio.unt.edu/ss>

Students who meet financial requirements, are first-generation college students, or who have disabilities qualify for assistance through TRiO Student Support Services. The project

provides tutoring services to help students improve their grades, workshops, mentoring, grade watchers, and guidance to help complete their college education.

Veteran's Center

Phone (940) 369-8021

<http://veteranscenter.unt.edu/>

The UNT Veteran's Center focus is three pillars: to help remove barriers student veterans through an emphasis on transition support through campus life; to provide connection to resources both on and off campus to assist student veterans; and to give due recognition of the service members in our UNT community through programs and scholarship.

Writing Center

Auditorium Building, Room 105

Phone (940) 565-2563

<http://www.unt.edu/writinglab/>

The UNT Writing Lab offers free tutoring to all currently enrolled UNT students. The Writing Lab helps students in all disciplines and at all stages of their academic careers—from English Composition students to Graduate students writing dissertations.

The University of North Texas Policy on Academic Integrity

Cheating and disciplinary action for cheating is defined by the UNT Policy Manual Code of Student Conduct and Discipline

(http://www.unt.edu/policy/UNT_Policy/volume3/18_1_11.html). Cheating is an act of academic dishonesty. It is defined and will be handled as follows:

"Plagiarism and cheating refer to the use of unauthorized books, notes, or otherwise securing help in a test; copying tests, assignments, reports, or term papers; representing the work of another as one's own; collaborating, without authority, with another student during an examination or in preparing academic work; or otherwise practicing scholastic dishonesty."

"Academic dishonesty matters may first be considered by the faculty member who may assign penalties such as failing, reduction or changing of a grade in a test, course, assignment, or other academic work, denial of a degree and/or performing additional academic work not required of other students in the course. If the student does not accept the decision of the faculty member, he/she may have his/her case heard by the academic department chairperson or head for review of his/her case. If the student does not accept the decision of the academic department chairperson, he/she may then follow the normal appeal procedures listed in Disciplinary Procedures."

APPENDIX A

CERTIFIED REHABILITATION COUNSELOR CODE OF PROFESSIONAL ETHICS

The Commission on Rehabilitation Counselor Certification (CRCC) has adopted a Code of Professional Ethics that covers both its Certified Rehabilitation Counselors (CRCs) and its Canadian Certified Rehabilitation Counselors (CCRCs). The standards of this mandatory code are intended to assure the community that the rehabilitation counseling profession accepts its responsibility to provide caring service to individuals with disabilities. All CRCs/CCRCs are bound to act in accordance with the Code.

For more information, and to read the entire code of professional ethics, please use the following link:

https://crccertification.com/wp-content/uploads/2021/03/CRC_CodeEthics_Eff2017-Finalnewdesign.pdf

APPENDIX B

SCOPE OF PRACTICE FOR REHABILITATION STUDIES

Rehabilitation counseling is a systematic process which assists persons with physical, mental, developmental, cognitive, and emotional disabilities to achieve their personal, career, and independent living goals in the most integrated setting possible through the application of the counseling process. The counseling process involves communication, goal setting, and beneficial growth or change through self-advocacy, psychological, vocational, social, and behavioral interventions. The specific techniques and modalities utilized within this rehabilitation counseling process may include, but are not limited to:

- assessment and appraisal
- diagnosis and treatment planning
- career (vocational) counseling
- individual and group counseling treatment interventions focused on facilitating adjustments to the medical and psychosocial impact of disability
- case management, referral, and service coordination
- program evaluation and research
- interventions to remove environmental, employment, and attitudinal barriers
- consultation services among multiple parties and regulatory systems
- job analysis, job development, and placement services, including assistance with employment and job accommodations
- the provision of consultation about and access to rehabilitation technology